

### Notices.

#### OUR GUINEA PRIZE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

*In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.*

*Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.*

### Comments and Replies.

*Staff Nurse, London.*—The National Council of Women for this country is the National Union of Women Workers, 59, Berners Street, W. The Secretary is Miss Janes who would furnish you with all information with regard to it. An Occasional Paper is issued by the Council in which information is given concerning to the various branches of work in which it is engaged.

*A Young Mother.*—You cannot be too particular about keeping to regular feeding times. Every two hours during the day, and every four hours at night, that is to say at ten, two and six, should be the rule at first. An infant easily acquires regularity of habit, and the benefit to all concerned is great. It by no means follows that a child is hungry

because it cries. The reverse may be the case, and an over distended stomach the cause of its tears.

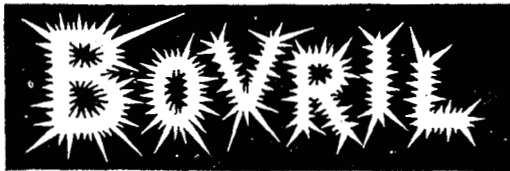
*Private Nurse, Bristol.*—Why not vary the diet with blanc-mange, curds and whey, and light farinaceous puddings? For blanc-manges you would find Cox's Sparkling Gelatine excellent. It is obtainable from J. & C. Cox, Ltd., Eastcheap Buildings, E.C., who will send a sample and a book containing many excellent recipes, on receipt of 1d. stamp.

*Country Matron.*—You will find the question most fully and ably dealt with in the excellent paper by Miss M. Adelaide Nutting, Superintendent of Nurses at the Johns Hopkins Hospital, Baltimore, which we published last week. The question is a difficult one for the smaller hospitals, but no doubt it will be eventually settled by the establishment of a Central Preliminary School. The establishment of preliminary schools in connection with each small hospital would be a very expensive way of dealing with the question. Both with regard to the organization of classes and the concentration of teaching power the plan of a Central School is obviously the best.

*Assistant Nurse, London.*—We think it is your duty to acquaint your Matron with the fact and leave her to deal with it.

*Private Nurse, Birmingham.*—The Charts you require can be obtained from Widderspoon and Co., 7, Serle Street, Lincoln's Inn., W.C. They cost 1s. 3d. for 25. They are cheaper if procured in larger numbers. Specimens will be sent post free if you write for them. You have no right to take a bicycle to a case, unless you have obtained permission from your employer; in small houses they are often much in the way. We think the supply of workers (not by any means all efficiently trained nurses) is now ample in London. State Registration can alone prevent untrained women calling themselves "trained nurses," until nurses are prepared to work for this reform, they will continue to compete with "nurse frauds."

## BOVRIL defies Influenza.



is Liquid Life.

Tells it to keep off—drives it away. Just as the cordon of fire protects the traveller from the wild beasts in the forest, so does Bovril erect a barricade that keeps disease at a distance.

Patron—H.R.H. THE PRINCESS OF WALES.

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STANLEY SMITH, *Secretary.*

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